

# STAFF

**Matt Werts** is currently the co-owner of Elite Baseball. As a pitcher, he played collegiately for Belmont University in Tennessee and Millersville University. He also pitched for the Silver-Spring Takoma Thunderbolts, where he was a League All Star, and the Petersburg Generals, of the highly regarded Coastal Plain Collegiate League. Matt has served as an assistant coach and assistant recruiting coordinator for Silver-Spring Takoma of the Clark Griffith Collegiate League. He also has been a head coach of the Northwest Little League in Washington, D.C.

**Matt Knox** is currently the Co-Founder of Elite Baseball. Matt attended Millersville University from 1998-2001 where he holds single seasons records for most hits(80), RBI's(72), and HR's(14). Matt was drafted by the Cleveland Indians in the 13th round of the 2001 amateur draft. In 2003 he was a Sally League All-Star while playing for the Class-A Lake County Captains. He once hit two Grand Slams in one game for the Captains. In 2004 he was converted to the mound as a relief pitcher. He won a Championship with the Mahoning Valley Scrappers of the New York Penn League while being their closer. Matt also played for the 2006 Championship team/Lancaster Barnstormers. Where he helped anchor and solidify the bullpen.

**Ben Gainer** is currently a coach and instructor for Elite Baseball. Ben attended Delaware Tech where he was named to the 2007 All-Region and All-District teams and was voted Region 19 Player of the Year. He was later named a 2nd team All-American by the NJCAA Coaches Association. Ben finished up his pitching career at Tennessee Wesleyan helping the Bulldogs to their 8th straight conference championship.

**Coach Chris Blum** is the head coach for the Kutztown University Golden Bears. Coach Blum has a 225-96 record over the past 5 years, including a 87-35 mark in the PSAC East. He has led KU to the 2005, 2006 and 2008 PSAC crowns, the 2007 North Atlantic Regional title, and six-straight appearances in the NCAA regional tournament. The 225 wins are the most in any six-year span in program history. He was the fastest Pennsylvania baseball to reach 200 wins. In addition, seven of his players have gone on to play professional baseball.

**KU Baseball Players** will be used as additional staff.



2001, 2002, 2004, 2007  
DIVISION II WORLD SERIES  
PARTICIPANTS

1999, 2002, 2005, 2006, 2008  
CONFERENCE CHAMPIONS

RANKED #1 IN THE COUNTRY  
APRIL 30TH, 2007

**2010  
SUMMER COMMUTER  
BASEBALL CAMP**

SPONSORED BY:

KUTZTOWN BASEBALL  
&  
ELITE BASEBALL

CAMPERS GROUPED BY AGE

EXCELLENT STAFF

# ELITE BASEBALL

Elite Baseball is committed to bringing quality professional instruction and advisement to baseball players of all ages. We boast the highest level of instruction for every aspect of the game. From basic skills such as hitting and pitching, to physical conditioning, vision training, and college and professional advisement.

Our mission at Elite Baseball is to provide committed athletes with a motivating and positive atmosphere to increase athletic confidence and capacity. Through participation in Elite Baseball's programs and camps, each athlete will develop the physical skills and mental edge they desire for success in sports and life.

Elite Baseball's summer camp is designed to be a fun and challenging experience, with emphasis on team dynamics and individual skill development.

We will focus on throwing and catching techniques and drills, specialty positions (pitching, catching, outfield and infield), base running, hitting for power and average, speed and agility and playing scrimmage games to help pull all of these skills together.

Campers will continue to work on their hitting skills with participation in daily batting practice, tee work, soft toss, live pitching (with pitching coach), and pitching machines (age - appropriate) throughout the clinic.

*Safety is Elite Baseball's first priority. Our Camp Directors and Staff are CPR and First Aide trained and certified. Elite Baseball offers the most experienced and credentialed staff.*

**For more information visit:**

[www.elitebaseballofflancaster.com](http://www.elitebaseballofflancaster.com)

[www.KUBears.com](http://www.KUBears.com)

# SUMMER CAMP

## What to bring to baseball camp:

### Equipment

- Campers should wear comfortable clothing to play in (t-shirt, shorts, baseball pants requires for games, etc)
- Campers **MUST** bring their own baseball glove
- Campers **MUST** bring their own baseball bat (Please mark each glove and bat with a permanent marker. They should include: name and telephone number.)

**Elite Baseball & Kutztown University are not responsible for lost equipment or personal items.**

- Cleats or tennis shoes
- Sun screen
- Baseball hat and sunglasses
- Water Bottle (Plenty of water will be available, Please have the water bottle labeled appropriately)

### Baseball Camp Daily Schedule:

*(this is subject to change)*

#### AM

- Morning meeting, division into groups
- Running & Stretching
- Throwing
- Skill of the day lesson & drills
- Batting practice

#### PM

- Instructional skills development - specialty position
- Throwing
- Skill of the day competitive games
- Instructional batting lesson
- Batting practice

**Location:** Kutztown University

**Cost:** \$200

**Ages:** 8-14 years old

**Date:** July 19th-22nd

**Time:** 9:00a.m-1:00p.m

*Kutztown University is a member of the Pennsylvania State System of Higher Education.*

# REGISTRATION

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### Statement of Wellness for Participation and to Administer Treatment:

I, \_\_\_\_\_, do hereby verify that my child, \_\_\_\_\_ to the best of my knowledge is able to participate fully in the camps programs. In case of medical emergency and the event that the parent/guardian cannot be immediately contacted, I hereby give my permission for emergency treatment to be administered to my child. I understand that Elite Baseball & Kutztown University does not carry accidental injury insurance and I release Elite Baseball, Kutztown University, and their employees from all liability for any personal injury, illness, loss or damage to property. I agree to assume liability for any and all expenses incurred in such an emergency (transportation, hospitalization, diagnostic testing, etc).

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian)

### Special Medical Concerns:

Please list any ALLERGIES, MEDICAL CONDITIONS and SPECIAL NEEDS:

**CAMP SESSION: July 19th-22nd 2010**  
**PAYMENT INFORMATION: FULL PAYMENT REQUIRED**  
**PAYMENT DUE BY July 1st, 2010**  
**SORRY, NO REFUNDS. THANK YOU!**

Pay by check (make check payable to Elite Baseball )  
Check # \_\_\_\_\_

**Register and Pay by credit card online at:**  
**[www.elitebaseballofflancaster.com](http://www.elitebaseballofflancaster.com)**

**MAIL COMPLETED REGISTRATION FORM AND PAYMENT TO:**

**Elite Baseball**  
**P.O. Box 41**  
**Rheems, PA 17570**

**Registration and payment due by July 1st, 2010**