

To enroll online go to www.kutztownusportscamps.com

CAMP APPLICATION

name

street address

city

state/zip code

age

height

school

grade as of 9/10

coach's name (if applicable)

parent/guardian's name

home phone

Email address (please print clearly)

A non-refundable deposit of \$50 must accompany this application. Any remaining balance **MUST BE PAID TWO WEEKS PRIOR TO THE FIRST DAY OF CAMP.** Checks payable to: **KU WOMEN'S VOLLEYBALL**

Please notify the camp director if you have any special needs that need to be met in order to attend this camp.

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GENERAL INFORMATION

ALL SKILLS CAMP (ages 12-17)

11 sessions and more than 25 hours of skill development, competitive games and a camp tournament. All phases of the game will be covered, in addition to team and individual tactics and strategies. Each camper will receive an evaluation from her court coach. **ALL CAMPERS WILL RECEIVE A NEW VOLLEYBALL.**

COLLEGE TRAINING CAMP (ages 16-18)

Now in its eighth year, the College Training Camp is designed for players who plan to participate in a competitive collegiate volleyball program and desire a more intense camp experience. The College Training Camp provides position-specific training, advanced offensive and defensive systems as well as an introduction in strength and conditioning techniques and principles. Applicants for the College Training Camp must submit a letter of recommendation from a coach and receive approval from the camp director. **ALL CAMPERS WILL RECEIVE A NEW VOLLEYBALL.**

GROUP RATES

Group rates are available for groups of six campers or more. Campers registering as part of a group will receive a \$50 discount on the tuition for the All Skills or College Training Camp. In order to qualify for a group discount **applications MUST be mailed together.**

* maximum discount is \$50 per camper

REGISTER SOON! Space is limited in each camp and applications will be accepted on a first come, first served basis. Space is limited to approximately 75 campers for the All Skills Camp and 25 campers for the College Training Camp.

Phone: 610-683-1333

Fax: 610-683-1379

Email: gump@kutztown.edu

*Kutztown University
is a member of the
Pennsylvania State System of
Higher Education*



ALL SKILLS and COLLEGE TRAINING VOLLEYBALL CAMPS



at **KUTZTOWN UNIVERSITY**

**August 1-5, 2010
for girls ages 12-18**

CAMP DIRECTOR

John Gump

Head Coach, Kutztown University

*2002, 2003, 2005, 2006 PSAC East Champions
2006 & 2007 NCAA Division II National Championship Participant
2003 & 2006 PSAC East "Coach of the Year"*

HEAD CLINICIAN

Cindy Opalski

Head Coach, Bucknell University

*2003 Patriot League "Coach of the Year"
2000 NCAA Division I National Championship Participant*

**ENROLL ONLINE at
www.kutztownusportscamps.com**

Camp Staff

CAMP DIRECTOR

John Gump, Kutztown University

John Gump recently completed his 13th season as head women's volleyball coach at Kutztown University. He is the winningest coach in KU history with a career mark of 261-149. Coach Gump led the Golden Bears to trips to the NCAA Division II National Championship Tournament following the 2006 and 2007 seasons. During his tenure, Kutztown captured the Pennsylvania State Athletic Conference East Division title in 2002, 2003, 2005 and 2006. In 22 seasons as a collegiate head coach, John has compiled a record of 472-252.

Prior to coming to KU, John coached at Division I Lehigh University and at Allentown College (now DeSales University). At Allentown, he led his teams to three conference championships and was named coach of the year four times. In 1995, he guided Allentown to a 29-7 record and an invitation to the NCAA Division III National Championship Tournament.

HEAD CLINICIAN

Cindy Opalski

Cindy Opalski is in her 11th year as a member of the Golden Bear Volleyball Camps staff. Cindy is responsible for group skill lectures and demonstrations for the All Skills Camp and also presents selected sessions for the College Training Camp

Cindy was named the Patriot League "Coach of the Year" by her peers following the 2003 season after leading the Bucknell University to the league championship match and an overall record of 16-13. In 2000, Cindy led Bucknell to its second Patriot League championship and NCAA Division I Championship Tournament appearance in three years. For her efforts, Cindy was also selected the Patriot League Coach of the Year for 2000.

Prior to her tenure at Bucknell, Cindy led Clarion University to its only PSAC championship in 1988.

ASSISTANT CAMP DIRECTOR • Cheryl Brattley

A staff member since 2006, Cheryl is also the assistant women's volleyball coach at Kutztown University where she designs and oversees the team's strength and conditioning program in addition to assisting with practice, scouting and recruiting.

Cheryl's other coaching experience includes two years as the assistant coach at the University of Wisconsin-Superior as well as with the East End Volleyball Club in Minnesota.

Cheryl played collegiately at Michigan Tech.

Other Information

INSTRUCTIONAL STAFF

The camp staff is comprised of college, high school and club coaches, as well as former and present collegiate players, who have demonstrated an ability to effectively teach in a camp setting.

FACILITIES

All activities are held Kutztown University's campus. Volleyball sessions will be held in Keystone Hall.

ACCOMMODATIONS

Overnight campers will be housed in a University residence hall. Members of the camp staff will share accommodations and will be responsible for supervising campers while in the residence hall. If you have a roommate preference, please be sure to indicate your desired roommate on the camp application. All housing assignments will be made prior to the first day of camp. Each camper will be required to provide her own bedding (pillow, sheets and pillowcase), towels and shower items.

MEALS

All camp meals will be eaten in South Dining Hall, located within walking distance from the residence hall and Keystone Hall. Resident campers will receive three meals per day. Commuting campers will receive lunch and dinner daily.

MEDICAL INFORMATION

Campers will be sent a medical history form that must be completed and returned prior to participation in either camp. The University Health Center is available to campers needing its services providing a completed medical history form is on file with the camp staff.

COMMUTER SCHEDULE

Commuters should be dropped off and picked up at Keystone Field House. Sunday's session is from 6:30-8:30 p.m. Monday through Wednesday morning sessions begin at 9:00 and the evening session ends at 8:00. Thursday's session is from 8:45-11:00 a.m. An air-conditioned classroom in Keystone Hall will be available for commuting campers to use between sessions.

Phone: 610-683-1333

Fax: 610-683-1379

Email: gump@kutztown.edu

CAMP APPLICATION

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Please enroll me in:	Dates	Tuition
_____ All Skills Overnight	8/1-5	\$350.00
_____ All Skills Commuter	8/1-5	\$300.00
_____ College Training Overnight	8/1-5	\$360.00
_____ College Training Commuter	8/1-5	\$310.00

Discounts

_____	deduct \$50 if <u>paid in full</u> by 4/1/10
_____	deduct \$40 if <u>paid in full</u> by 5/1/10
_____	deduct \$30 if <u>paid in full</u> by 6/1/10
_____	deduct \$20 if <u>paid in full</u> by 6/15/10
_____	deduct \$50 if enrolling with group of <u>six or more</u> note: maximum discount is \$50 per camper

Camp Cost	\$ _____
Less Discount	\$ _____
Deposit	\$ _____
BALANCE DUE	\$ _____

TO PAY BY CREDIT CARD PLEASE ENROLL ONLINE

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Name

Roommate Preference

T-Shirt Size:	Youth	S	M	L	
(circle one)	Adult	S	M	L	XL

Mail check to:

KU Camps—Volleyball
Keystone Hall
Kutztown, PA 19530